

Active Living, Recreation & Community Resource Guide

Play Mascoma Valley!

SPRING/SUMMER 2018



Explore Recreation Programs in the Mascoma Valley!

Mascoma Valley Parks & Recreation and the Mascoma Valley communities are offering even more spring and summer activities for all ages, and our community organizations are hosting a number of great events!

Flip the page for more!

Recreation Highlights!

Mascoma Film Society FREE Movie Nights

“4 for the 4th” Road Race, Walk & Kids Fun Run (Saturday, July 7)

Youth Swimming Lessons

Canaan Rec Camp (K-3)

Enfield Recreation Camp (K-3)

NEW Summer Camp held at IRS (Grades 4-6)

Enfield Family Fair, June 21-24 at Huse Park

Enfield Old Home Days, July 27, 28 & 29

Canaan Old Home Days, August 3, 4 & 5

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DO YOU WANT YOUR EVENT OR ACTIVITY INCLUDED IN THE NEXT BROCHURE?

Contact mvalleyrec@gmail.com for
information and details.

Check out each town's website for
additional information:

www.canaannh.org www.enfield.nh.us

Keep up with the news!

Join the Mascoma and Enfield ListSers

Mascoma: <http://lists.vitalcommunities.org/>

Enfield: <https://listserv.dartmouth.edu>

USE THE LINKS!

Throughout the newsletter you'll see information underlined – when viewing online, just click on the underlined word, and your computer will automatically bring you to the web page or email address for more information!



Like Mascoma Valley Parks & Recreation
on Facebook!

For your convenience, we now have ONLINE REGISTRATION for most MVPR programs:

***NEW* Online** registration now available for
most programs:

<https://mvpr.recdesk.com/Community>

Detailed instructions on how to create an account
and register for programs can be found on Page 14.

Please note, this is an **INVOICE ONLY** system.
There is no pay online option, but you must still
“checkout” to complete the registration process.

Payments can be mailed or dropped off at either the
Canaan or Enfield Town Offices. Please make checks
payable to “Mascoma Valley Recreation” unless the
program specifies Canaan or Enfield Recreation.

Canaan: 1164 US Route 4, PO Box 38, Canaan, NH 03741

Enfield: 23 Main Street, PO Box 373, Enfield, NH 03748

REGISTRATION INFORMATION

Please check program descriptions for
registration information, including deadlines.

1. Registrations received after the registration
deadline will be considered separately, and a late-
registration fee may apply.
2. Residents of Canaan, Enfield, Orange, Grafton
and Dorchester may be eligible for scholarships
based on financial need. Any parents/guardians
who would like to discuss scholarship opportunities
should contact Listen Community Services.
Mascoma Valley Parks & Recreation has limited
capability to provide scholarships.
3. Resident & Non-resident fees are listed with
program descriptions.
4. Participants will be officially registered upon
payment of program fee. Receipt of registration form
will reserve a spot in the program up to one week.
We will contact you if there is a problem with your
registration, or if a class is canceled.
5. Refunds will be considered on a case by case basis.

Thank you for participating in our
recreation programs!

Youth Programs

Summer Camp Scholarships are available through Listen Community Services.
Website: <http://www.listencommunityservices.org> Phone: (603)448-4553

Enfield Recreation Camp

A fun summer day camp for children entering Kindergarten through 3rd grade. Swimming lessons are available for full day campers signed up for camp the week of July 16th for only \$20. Kids will enjoy arts & crafts, games, sports, baking, and environmental education. Special events include water days and hikes on the rail trail!

Days/Dates: M-F, July 2 - August 3 (no camp July 4th and no afternoon camp on August 3rd)

Registration: Open now! Print an initial application off www.enfield.nh.us and submit it to ersummercamp@gmail.com

Online Registration Available:
<https://mvpr.recdesk.com/Community>

Location: Huse Park, 308 US Rt. 4, Enfield

Times: 9am-12pm (Morning session) 9am-4:30pm (Full Day Camp)

Resident Fees: Morning Camp \$55/week; Full Day Camp \$125/week (Plus optional field trip fees. Field trips may include Montshire Museum, Sunapee State Park and Polar Caves)

(Checks payable to Town of Enfield)

***NEW* Summer Camp
for students entering 4th-6th grade
sponsored by Canaan Recreation &
Mascoma Valley Recreation**

Days/Dates: M-F, July 2 - August 3 (no camp on July 4th)

Online Registration Available:
<https://mvpr.recdesk.com/Community>

Location: Indian River School

Times: 8:30am - 4:30pm

District Resident Fees: \$150/week

Non-District Resident Fees: \$180/week

Counselor In Training Program for students entering 7th-9th grade

This program is for students interested in developing leadership skills and who also might be interested in applying to be a Summer Camp Counselor in the future. Students will go through the job application and interview process, and then learn job skills from the staff of the Enfield Recreation Camp.

Cost: \$75/week (includes CPR/First Aid Training) Minimum of two-week registration required, \$75 discount for individuals who register for all 5-weeks of camp.

Location: Huse Park, Enfield

Online Registration Available:
<https://mvpr.recdesk.com/Community>

Canaan Rec Camp

Play Canaan!

For boys and girls entering Kindergarten through 3rd grade. Kids will enjoy arts & crafts, games, trips to the library and more.

Play Canaan!

Days/Dates: M-F, July 2 - August 3 (no camp on July 4th)

Times: 8:30am-4:30pm

Location: Canaan Elementary School

Fees: \$150/week

Registration: Pick-up camp request forms at the Canaan Town Office or at the Canaan Elementary School or download off the Canaan website:

www.canaannh.org



Youth Programs cont.

Canaan After School Program (CASP)



CASP provides a structured environment for students in K-4th grade to be active, safe and have fun after their school day at Canaan Elementary School. Homework will also be supported by CASP staff at parent's request. Children will participate in outdoor/indoor play, arts and crafts, games and special activities. CASP is not in session during school closings or snow days.

Contact: Bev Chapman for more information at rec@canaannh.org

Register: Download application from www.canaannh.org or pick one up at CES or from the Canaan Town Office

MVPR Summer Dance Camp

Join MVPR for a fun filled week of dance and camp activities, culminating with a Dance Showcase featuring all camp participants (participation in the showcase is optional for campers). Dancers will need: a water bottle, a snack, a lunch and tap shoes. Children can expect to get a true understanding of the flow of a dance class and to improve on their technique.

All levels of dance are welcome.

Instructors: Tammi DeFelice, Michelle Carlson and Kaitlyn Seamans

Camp Date: August 13 - August 17

Time: 8am-1pm

Showcase Date & Time: Friday, August 17th 12:30-1pm

Location: Mascoma Community Auditorium

Cost: \$150 (multiple child discounts available)

Registration: <https://mvpr.recdesk.com/Community/Home>



Mascoma Valley Parks & Recreation

Theatre Camp

August 6 - 11, 2018



Laughing, Learning & Performing on Stage

MVPR is excited to host Children's Stage Adventures this summer! Sign up for an affordable, high-quality theatre experience. Children will participate in theatre workshops, learn lines and music for a full length musical production. Camp will end with two public performances of "The Sword Excalibur".

When: August 6 - August 11, 2018

Where: Mascoma Valley Regional High School

Time: 9am - 4pm

District Resident Fees: Early Bird Registration is \$150; After July 1st the fee is \$180

Non-District Fees: Early Bird Registration is \$180; After July first the fee is \$210

Minimum: 20 students

Maximum: 50 students

Registration: <https://mvpr.recdesk.com/Community/Home>

"The Sword Excalibur"



Friday, August 10 at 2pm
Saturday, August 11 at 2pm

Location: Mascoma Valley Community Auditorium

The show is open to the public and there is no charge for tickets. Come watch the students in the theatre camp as they perform on stage!

Youth Programs cont.



Baseball & Softball Registration: Online only
Baseball & Softball season goes
from April - June 2018

*Soccer and Field Hockey Registration
will start during the summer!*

Registration is online only!

Please go to: <http://mascomayouthsports.com>

Contact: info@mascomayouthsports.com

Youth Volleyball Camp

Join MVPR for a fun volleyball skills camp. We will cover basic passing, serving (underhand and overhand), spiking and diving skills. Each skill will be taught separately and then put together in a combination to work together as a team and use the basic 3 step principal of volleyball (bump, set, spike!). For those who have played before, this will help players strengthen their skills and learn to anticipate the next move, and how to use the combination to successfully perform on the court. For students entering 6th—9th grade

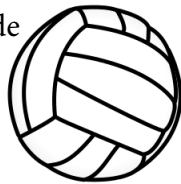
Location: MVRHS gymnasium

Dates: July 23 - July 27, 2018

Times: 3-6pm

Cost: \$50

Registration: Online registration now available at
<https://mvpr.recdesk.com/Community/Home>



Mascoma Shooters Gold Summer Basketball Camp

**“New Hampshire’s most popular
basketball day camp”**

Camp Dates: July 16 - July 19

Session 1: \$85

Time: 8am-10am at Indian River School; grades 1-4

Session 2: \$120

Time: 8am-12pm at Mascoma High School, grades 5-8

Check out <http://hogancamps.com/camps/> for details

IRS Cross Country Running & Track Program

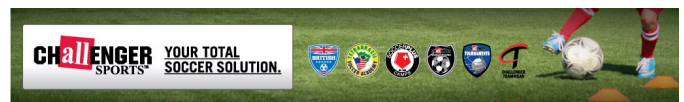
For students in 5th-8th grade - no running or track experience required! Just come with energy and a positive attitude! Practices are on Mondays, Tuesdays and Thursdays from 3-5pm at the Indian River School. Meets and races are optional!

Start/End Date: April 2nd - May 31st

Coach: Rick Currier

Register Online:

<https://mvpr.recdesk.com/Community/Home>



Challenger Sports Youth Camps

Register online at:

www.challengersports.com

***NEW* British Multi-Sports Camp** - Children will learn new British sports and develop new skills with team-building activities that include more than just running, jumping, catching, kicking and throwing!

Days/Dates: M-F, June 18-22

Location: Shaker Recreation Field, Route 4A, Enfield

Full Day: 9am-3pm

Ages: 8-14

Cost: \$150

British Soccer Camp - With programs for each age, the curriculum includes a variety of foot skills, technical drills, tactical practices, freestyle soccer, small-sided games, coached scrimmages, and a mini tournament play. Free t-shirt & soccer ball with registration.

Days/Dates: M-F, July 16-20

Location: Shaker Recreation Field, Route 4A, Enfield

First Kicks: 8am-9am, ages 3-5, \$67

Half Day: 9am-12pm, ages 6-16, \$136

Full Day: 9am-4pm, ages 7-16, \$194

Contact mvalleyrec@gmail.com for more info.

Youth Programs cont.



Swimming Lessons



Canaan Beach, Canaan Street Lake - Canaan

Swim lessons will be taught by a certified Red Cross Swim Instructor. Open to ages 4+.

Dates: TBD

Lesson Times: Levels 1 - VI; between 10am-12pm
Start time of lesson will vary depending on swim level. Level 1 begins at 10am, and lessons are approximately 30 minutes long.

Cost: Check the website for 2018 pricing

*No refunds or make-up days for weather cancellations

Shakoma Beach, Mascoma Lake - Enfield

Swim lessons will be taught by a certified Red Cross Swim Instructor. Parents/Guardians are expected to remain at the beach while their child is in lessons.

Dates:

Monday - Friday

Session 1: June 25 - June 29

Session 2: July 2 - July 13

Session 3: July 23 - August 3

And *NEW* this summer...

INTRO TO SWIMMING WEEKEND MORNING SESSIONS

Dates: Coming soon!

Lessons may be held in Canaan and/or Enfield

Cost:

Weekday Lessons: \$30/child district residents; \$60/child non-district

Weekend Lessons: \$55/child district residents; \$85/child non-district residents

More details available online!

Register online:

<https://mvpr.recdesk.com/Community/Home>

*No refunds or make-up days for weather cancellations

Granite State Sharp Shooters Enfield Outing Club, <http://enfieldnhoc.org/>

The GSSS is a nonprofit competitive rifle shooting team at the Enfield Outing Club. In order to participate, kids need to be between the ages of 10 and 18. Practices are held every Sunday throughout the year. The team competes in matches throughout NH, VT, and MA, including state championships and try-outs for the junior Olympics.

Contact: enfieldshootingteam@aol.com

“Junk 2 Funk”

<http://www.trashcanlidproductions.com/>

An interactive experience for all ages!

Date: Tuesday, July 17th

Time: 6:30pm

Location: Mascoma Community Auditorium

Cost: Free

Sponsored by the Canaan, Enfield and

Grafton Town Libraries

Youth Summer Sailing

For three afternoons, young prospective sailors ages 12-15+ can sign up for sailing lessons with the Mascoma Sailing Club.

Session 1: July 9, 11 and 13

Session 2: July 16, 18 and 20

Time: 2:30-4:30pm

Register online:

<https://mvpr.recdesk.com/Community/Home>

For more information about the Mascoma Sailing Club, go to their website:

<https://sites.google.com/site/shakersailclub/>



Library Youth Programs

Canaan Library: (603) 523-9650, www.canaanlibrary.org Enfield Library: (603) 642-7145, www.enfieldtownlibrary.org
Grafton Public Library: (603) 523-7865, e-mail: library@townofgraftonnh.com

Libraries ROCK!

Your Local Library Summer Reading Program

Canaan Town Library

Sign up at the library to participate in this fun and exciting summer reading program. Reading, crafts, and the annual ice cream social! Sign ups will begin after school gets out, and the program will go through the month of July.

Watch the library website for details!



Enfield Public Library

Enfield Library is ready for a summer of fun!

The summer reading program kicks off Monday, June 25th between 1:00-3:00pm. Join the library for rhythm songs and chants and design a “Libraries Rock” t-shirt. Please RSVP!

Kids will “Read for Beads”; Teens and Adults will read for raffle prizes!

Story Times at Your Local Libraries

Story Time with Melissa at Canaan Town Library

Join the Canaan Town Library on the first Saturday of the month at 9:30am for story time, a craft and snack with volunteer, Melissa Allen.



Story Times at Enfield Library

“My First Story Time” for babies and toddlers to enjoy stories, songs, rhymes and lots of movement
Tuesdays through July 31 at 10am

“Story Time for Ages 3-6” when stories are read and told, songs, lots of movement and a craft!
Wednesdays through July 25 at 10am

Canaan Town Library Lego Club!

Join fellow Lego lovers on the last Saturday of every month. For children ages 5 and up.

Location: Canaan Town Library

Time: 10am-Noon



More Enfield Library Activities for grades 1 and up

Thursdays in July starting at 1:00pm.
Please register in advance because space is limited!

July 5: Make harmonicas and spin-drums

July 12: Body puppet musicians

July 19: Fun with cup drumming

July 26: Make a diddley bow

Youth & Adult Library Programs

Canaan Library: (603) 523-9650, www.canaanlibrary.org Enfield Library: (603) 642-7145, www.enfieldtownlibrary.org
Grafton Public Library: (603) 523-7865, e-mail: library@townofgrafftonnh.com

Singer & Storyteller Becky Graber

Interactive songs and stories for all ages
Location: Enfield Community Building
Date: Wednesday, July 25th
Time: 7:00pm
Sponsored by the Enfield Library

Pub Style Trivia at the Public Library



Come as a team of four or as an individual to “Trivia Night”. Prizes for weekly winners!

Dates: TBD - watch the website for updates

Location: Canaan Town Library

Time: 6:30-7:30pm

Museum Passes!

The Enfield and Canaan Libraries have passes to some great museums in NH, VT and MA. Stop in at your local library to learn more, or check out their websites.

* Billings Farm, Currier Museum of Art, Massachusetts Museum of Contemporary Art, Museum of Fine Arts in Boston, MA (discounted admission), Shelburne Museum and Vermont Institute of Natural Science!

Enfield Library now has NH State Park Passes as well!

www.canaanlibrary.org & www.enfieldtownlibrary.org

Basement Bookies

Join the Canaan Town Library Book Club! Fourth Wednesday of the month at 7 pm. Check the Canaan Library website for details & holiday dates.

Beat the Heat Beach Read Bingo

at the Canaan Town Library

Dates: July 1 - August 31

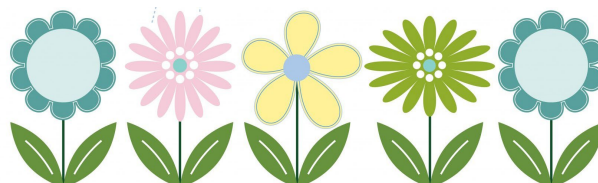
Adults and teens are invited to participate and take part in a chance to win prizes for reading books! Pick up a bingo card at the Canaan Town Library.

Canaan Meetinghouse Readings



The Meetinghouse Readings feature fiction, nonfiction and poetry read aloud by authors in the 1793 Meetinghouse on Canaan Street. Free admission and refreshments. All readings start at 7:30pm and are held on Thursdays in July.

More info: <http://www.canaanlibrary.org>



Canaan Town Library Annual Plant Sale

Support the library and purchase some beautiful plants and flowers for your garden! Check the library website for updates and details.

Date: Saturday, June 2

Time: 9am-2pm

RAIN OR SHINE

Library Book Sales

Enfield Library—year ‘round in the Library

Canaan Library— May 12th (same as the Canaan Town Wide Yard Sale!)

Adult Recreation

Chair Yoga & Exercise

Days/Time: M, W & F from 9:30-10:30 am

Location: Enfield Community Building 308 Rt. 4

Fee: \$3/ session. Drop in and join!

Bob Ross Style Painting Classes

Use the Bob Ross style wet-on-wet technique to create enchanting landscapes. In this 3-hour class you will learn how to paint beautiful landscapes in oil like those featured in Bob Ross "The Joy of Painting". This class is for all skill levels, but is best for adults and children age 15 and up. Children under the age of 15 need to be accompanied by an adult who is also enrolled in the class. Each participant will leave with a completed painting at the end of each class!

Instructor: Mary Bakker

Cost: \$45.00/class (includes all supplies needed to complete a painting)

Location: Enfield Community Building

Time: 1-4pm (except on 6/30, the class will be 9am-1pm)

Dates: Class #3, April 21; Class #4, April 28

Class #5, June 9; Class #6, June 30

Maximum enrollment #: 15

Register Online: <https://mvpr.recdesk.com/Community/Home>



30+ Adult Basketball

Join other basketball players in the community for some friendly pick-up games! Goes through May!

Days/Time: Sundays from 10am-12pm

Location: MVRHS Gymnasium (if available)

Fee: No cost!

**For adults 30 and older only

Swing-Jamie Line Dancing

Sign up for line dance classes with professional dance instructor Jamie Orr. Bring a friend or family member and join the fun! There are now two separate classes to choose from!

Enfield Community Building Classes:

\$9 to drop-in; \$35 for 5-week session or \$28 for a 4-week session

Dates: Thursdays, throughout the spring & fall!

Time: 5:10-6:10 pm

Location: Enfield Community Building, 308 US Rt. 4

Mascoma High School Classes:

\$10 to drop-in; \$36 for 4-week session; \$6/class for seniors or students

Dates: Mondays through May

Time: 4:30-5:30pm

Location: CPL Room at MVRHS

Mascoma Valley Guitar Orchestra

All skill levels are welcome (except extreme novice). This will be a learning experience for all. This group will perform in public a few times during the year for fun! Music Director, Jim Shibles, of Enfield, will be teaching all aspects of the music to enable top notch performance. Music styles will vary...From Folk to Rock to Classical to Country. The aim is to have fun, learn a lot, and to please audiences.

Ages 16-106 are welcome!

When: Sundays

Time: 6:30-8:30pm

Location: Department of Public Works

Cost: \$3/session



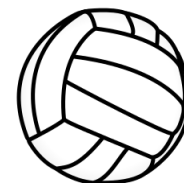
Adult Volleyball

Join other volleyball players for friendly matches. Goes through April!

Days/Time: Sundays from 6-8pm

Location: MVRHS (if available)

Fee: No cost!



Family Activities

“Lest We Forget” Military Museum — Enfield Community Building

Monday, May 28th from 10am - 3pm

A collection of artifacts from our nation's wars.



Memorial Day Parades in Canaan and Enfield

Remember those members of the military who lost their lives. Attend the parade in your local town, or go to both! See active and retired military, local youth organizations, the MVRHS Band, local Emergency Services & more in the parade. **Parade starts at 9am in Canaan and at 10am in Enfield.**

Enfield Family Fair

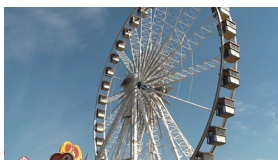
Rides, food, games, fireworks and fun!
Don't miss this family event!

Date: Thursday, June 21 - Sunday, June 24

Location: Huse Park, 308 US Route 4 and Main Street

Times: 6pm-10pm on Thursday & Friday,
Noon-10pm on Saturday, Noon-5pm on Sunday

Sponsored by the Enfield-Mascoma Lions Club and the Enfield Firefighters Association



Spring & Summer Activities at the Enfield Shaker Museum

Check out their website:

<http://www.shakermuseum.org/>



Local Markets - May to October

Canaan Farmer's Market: Sundays on the Common in Downtown Canaan from 10am-1pm

Enfield Market: 2nd Saturday, Huse Park, 10am-1pm. Featuring crafts, produce and 3rd party sales consultants. Different vendors each month!

Town of Canaan 4th of July Celebration

SAVE THE DATE for Tuesday, July 4, 2018

Fireworks at Canaan Motorclub after dark on July 4th. Please watch the website for details as we get closer to the holiday!

www.canaannh.org



Cardigan Mountain Art Association

Email cardiganart@live.com for information on upcoming classes and workshops. Free and low cost art classes offered! Check their website for details on annual events such as “Art in the Park” during the month of June.

Contact Phone Number: 523-7292

Website: <http://cardiganart.wordpress.com/>

Outdoor Movies in the Park - After Dark

Sponsored by the Enfield Police Department & the Enfield Recreation Commission

Location: Huse Park in Enfield

Rain Location: Enfield Community Building
308 US Rt 4

Dates: TBD! Watch the ListServ for details on dates and movie selections!

Club and Committee Events

Canaan Conservation Commission Annual Earth Day Roadside Clean-up

Date: Saturday, April 22

Time: 8:30am-12pm

Starting Location: Meet at Canaan Street Beach

Please join the Canaan Conservation Commission for their annual Roadside Clean-up to help beautify the streets of Canaan. Bags and gloves provided.

<http://www.canaannh.org/community/events.html>

Canaan Town Wide Yard Sale

Saturday, May 12

Starting at 9am at the Village Common and all over town! Rain or shine.

More info and registration forms available at:

<http://www.canaannh.org/community/events.html>

Or you can pick up a registration form at the Canaan Town Office, library or local bank.

Questions: Call: 523-4282, 523-7043 or 523-7712

Sponsored by the Mt. Cardigan Fish & Game Club

Summer Concert Series in Canaan



Location: The gazebo on the Common

Dates: TBD

Time: 7-8pm

More info: Check out

their website - <http://www.canaanlionsclub.org/>



Enfield Green Up Day - May 19th from 9am-12pm

<http://www.enfieldmainstreet.org/>

Help clean up the Village in preparation for the Memorial Day Parade. Starting from Huse Park - weeding, mulching and picking up trash! Please contact eva@enfieldmainstreet.org.

Enfield-Mascoma Lions Club

Check their website for upcoming events!

More info:

<http://www.enfield-mascoma.nhlions.org/>



Enfield-Mascoma Lioness Club: Town Wide Yard Sale & Other Events

<http://enfield-mascomalioness.org/>



Date/Time: Saturday, July 21st from 9:00am-2:00pm

Location: At Huse Park and all around town

For more information, email nancy.charbono@yahoo.com or call 603-523-9947

Your Local Old Home Days Celebrations

Enfield - July 27, 28 & 29

Join your friends, neighbors and community members for a grand celebration all around the town of Enfield!

As we get closer to the date, look for posters around town for more details on the schedule of events.

More info:

http://www.enfield.nh.us/Pages/EnfieldNH_Bcomm/Oldhomedays/index

Canaan - August 3, 4 & 5

Celebrate Canaan's history and community spirit with this annual tradition. Check the Canaan website for this year's parade theme and start on your float design today! Several days of entertainment all start on Friday, August 3rd!

Check out the Canaan Old Home Days page on the Canaan website for more info:

<http://www.canaannh.org/oldhomedays/index.html>

Local Run, Walk & Bike Races

Mascoma High School Class of 2019 Color Run

This color walk/run features a designated 5K & Fun Run course. During the race, participants are doused with color at various color stations, ending with one final color celebration at the finish line.

Date: Saturday, April 28

Time: 9:00 am Check-in
10:00 am Race Start

Location: Mascoma High School

Cost: \$25 pre-registration; \$28 same day

Register Online: <https://runsignup.com/Race/NH/Canaan/Classof2019ColorRun>



“Run From The Law” 5K Run/3K Walk

Hosted by Canaan Police Benevolent Association

Date: Sunday, Aug 5th a 5k Run and 3k Walk

Registration: Register early for a free t-shirt!

Start Time: TBD

Location: Cardigan Mt. School

Fee: TBD

This event includes professional timing, a fun scenic course and events for the entire family. Check out www.canaanpolice.com for more information!



Dorchester “Going Places” Events Sponsored by the Dorchester Grange

Whether you’re “Going Places” via mountain biking, walking or running, something more motorized or perhaps you are just going to the breakfast table, there is an activity for you at the Dorchester “Going Places” event.

Date: Saturday in mid-July (exact date TBD)

Location: Meet at the Dorchester Town Hall, Town House Road and North Dorchester Road

Registration: Please go to www.dorchestergoingplaces.org to register online. There is no registration fee; participants just need to sign a waiver.

Start Time: 8am, please arrive by 7:30 for check-in.



EVA Annual Fundraising Event Shaker 7 Road Race & Walk

Date: Sunday, June 24th

Time: 7:30am Registration
9:00am Race Start

Location: Shaker Recreation Park,
Route 4A, Enfield, NH

This race is part of the Upper Valley Running Series
<http://uvrs.uppervalleyrunningclub.org/>

“4 for the 4th”

Road Race, Walk & Kids Fun Run Sponsored by the Masons of Social-Summit Lodge #50

Date: Saturday, July 7th

Register online at: <https://runsignup.com/Race/NH/Canaan/4onthe4th>

Start Time: Kids Fun Run 8:30am, Race/Walk 9:00am

Fee: \$15 to run, \$10 to walk,
\$5 for Kids Fun Run (10 & under only)
(\$20, \$15 and \$10 after June 1st)
Commemorative “4 for the 4th” T-shirts
available for purchase!

Location: Social-Summit Lodge
#50, School St. Canaan

Contact:
mvalleyrec@gmail.com



Something for Everyone

1st Annual Dorchester Trails Community Ride Weekend

D Acres & Green Woodlands Foundation are proud to announce an opening celebration of the *Dorchester Trails Initiative*, highlighting over 10 miles of new machine-built mountain biking trails in Dorchester. An expert crew of designers have provided the foundation to create a recreational destination, specifically planned to provide beginner and intermediate terrain. There are multiple access points and parking areas to ensure distribution of riders throughout the network. Join D Acres as they offer guided excursions throughout the new network.

Dates: June 1, 2 and 3, 2018

For more information and details go to www.dacres.org



More at D Acres!

**218 Street Woods Road
Dorchester, NH**

For more information and details go to www.dacres.org

Wild Edibles Weekend

Date: July 20-21

Join author and wild edibles authoritarian, Russ Coshen, for a weekend of walks and workshops, and hone your foraging skills. There will be a discussion based workshop on July 20th and a "Wild Edibles Walk" on July 21st. Register in advance by calling D Acres

Farm Day

Date: July 28

Visit D Acres to celebrate the farm, the animals and the harvest with the whole family. Highlights include farm tours and activities, farm-fresh food and pig roast, silent auction, and live music in the evening featuring Vermont band, "Beg, Steal, or Borrow". All day, donations requested.

Ongoing Monthly Events:

First Sunday Farm Feast Breakfast

10am-1pm on the first Sunday

2nd Friday Pizza & Movie Night

6pm on the second Friday

Last Friday Open Mic & Potluck

6pm on the last Friday

Canaan Horseshoe League



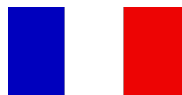
Where: Williams Field, Canaan

When: Mondays 6-9pm

Dates: May 14 - mid-August

Organization meeting on May 7th at 6pm at Williams Field. For men and women age 16 and up. Substitutes are always needed so if you can't make every date stop by and sign up the Monday before 6 PM if you want to sub. For information, contact Tom Hudgens at tjhudgens@gmail.com or (603) 523-9649.

Club Petit Dèjeuner



Bonjour! Parlez-vous Français?

Are you interested in exercising your high school or college French skills? Or are you currently enrolled in a French language course? Meet up with other community members interested in speaking French. Beginners, intermediates and experts welcome! Allons-y!

Location: Enfield Community Lutheran Church

Days/Time: Saturdays from 10 am-11 am

il Circolo Italiano



Buon Giorno! Parla Italiano?

Meet up with others in the community to practice speaking la più bella lingua and share tales of travel in Italia. All levels of speaking ability welcome!

il Cicolo Italiano meets on Saturdays at 10 am at Mickey's Roadside Café.

Brunch will not be provided – attendees are free to order off the menu at their own expense.



Mascoma Valley Parks & Recreation

ONLINE REGISTRATION now available for some of our programs!

<https://mvpr.recdesk.com/Community/Home>

We are excited to announce **ONLINE REGISTRATION!** Currently it is an **INVOICE ONLY** system, so there is no online payment option. Cash or check is still accepted for each program.

Save yourself time and save paper by **CREATING AN ACCOUNT** for each member of your household. Receive email updates and notices about programs you are registered for, and upcoming events or activities.

Set up your individual and family profile

1. Click "Create Account" to begin process of entering your Profile then click Continue.
2. Fill out all fields and click Submit to complete the Profile setup process.
3. Be sure to do this for **ALL FAMILY MEMBERS** who will be registering for or paying for (Parents/Guardians) programs. New family members can be added by going to your profile page and clicking the "Add Household Member" link.

Once you've created an account for you and your family, registering for programs is easy!



Creating an account is easy and quick, and will save you time in the future!



Registering for Programs

1. Registrations can be initiated by either clicking on the Register button on the Program List page or while viewing the Program Detail.
2. This will display the Program Registration form. Choose the Family Member registering for the program (not the Parent/Guardian), the appropriate Fee Type and then answer any additional questions that may be required for the program.
3. The new Registration will be added to your Shopping Cart and is ready for Payment. At this point, you can add more registrations to the shopping cart or complete the registration(s) by going through the Payment/Checkout process.

About Us!

Canaan & Enfield Rec Commissions

Contact:

Enfield Town Office: 603-632-5026

Canaan Town Office: 603-523-4501

Websites: www.canaannh.org & www.enfield.nh.us

Email: Canaan Rec: rec@canaannh.org

Mascoma Valley Parks & Recreation

Contact:

*Email: mvalleyrec@gmail.com

*email is the best method of contacting us!

Online: <https://mvpr.recdesk.com/Community/Home>

Facebook: <https://www.facebook.com/mvalleyrec>

About Canaan & Enfield Rec Commissions

Both the Canaan & Enfield Recreation Commissions work hand in hand with Mascoma Valley Parks & Recreation. The Commissions are made up of volunteers from the communities who help plan and coordinate recreation opportunities. Through their efforts, both Canaan & Enfield are able to offer great programs for adults and youth alike. Through collaboration with MVPR, many more activities and events are now available! If you are interested in seeing more activities and programs offered, please consider getting involved with your local Commission.

Get involved! The Canaan Rec Commission meets at 7 pm on the 3rd Wednesday of each month at the Town Office. The Enfield Rec Commission meets at 6 pm on the 3rd Tuesday of each month in Whitney Hall. All meetings are open to the public, and community members are encouraged to attend.

Canaan Recreation Commission Members:

Bev Chapman

Aaren Dow

Stacy Jellison

*Open positions!

Dave McAlister - Selectboard Ex Officio

Enfield Recreation Commission Members:

Keli Green

Dave Isom

Bill Considine

*Open member positions

Canaan Farmers' Market Contacts:

http://www.canaannh.org/boards/farmers_artisans/index.html

Enfield Market Contact:

Ashlea Collins or Kati Jopek

mvalleyrec@gmail.com

About Mascoma Valley Parks & Recreation

Katharine Lary Jopek

Regional Recreation Coordinator

Mascoma Valley Parks & Recreation is an initiative created by the Towns of Canaan & Enfield in April of 2013 for the purpose of expanding active living recreation opportunities and programs for residents of the Mascoma Valley region.

Based out of both Canaan and Enfield, the Regional Recreation Coordinator is a part-time position. The focus is on maintaining current programs, increasing



the number and variety of programs, particularly those focused on active living, and exploring areas of collaboration between the Enfield & Canaan Recreation Commissions.

The position was initially made possible through grants from Mascoma Savings Bank Foundation, Children's Fund of the Upper Valley, Upper Valley Healthy Eating Active Living Partnership (www.uvheal.org), and the Byrne Foundation.

Now, in our fifth year, the Regional Recreation Coordinator position is sustained primarily through support from the Towns of Canaan and Enfield and a grant from the Byrne Foundation.

All of the new programs, activities and events would not be possible without the incredible support from the members of the Mascoma Valley Community and the Canaan and Enfield Recreation Commissions.

Follow us on Facebook
and stop by our new website



<https://mvpr.recdesk.com/Community/Home>

Play On!

Presenting this summer's FREE film offerings in the Mascoma Valley Regional High School's auditorium. While all screenings are special, we have two stand-out events—a double feature—**The Birds** and **Hitchcock/Truffaut & Dawson City: Frozen Time**. Check out our website for details: www.mascomafilmsociety.org

Across the Universe



Wed. June 13, 6:30

Death on the Nile



Wed. June 20, 6:30

Faces/Places



Wed. June 27, 6:30

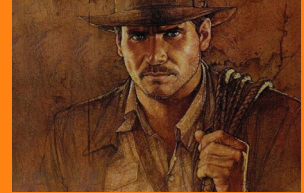
Sing!



Fri. June 29, 6:30

KIDS' SPECIAL

Raiders of the Lost Ark



Fri. July 6, 6:30

THE BIRDS and Hitchcock/Truffaut



DOUBLE FEATURE

Fri. July 13, 6pm

Darkest Hour



Wed. July 18, 6:30

Rushmore



Wed. July 25, 6:30

Maudie



Fri. July 27, 6:30

Close Encounters



Wed. Aug. 1, 6:30

Paddington 2



Fri. Aug. 3, 6:30

KIDS' SPECIAL

Les Miserables



Wed. Aug. 8, 6:30

Dawson City



Fri. Aug. 17, 6:30

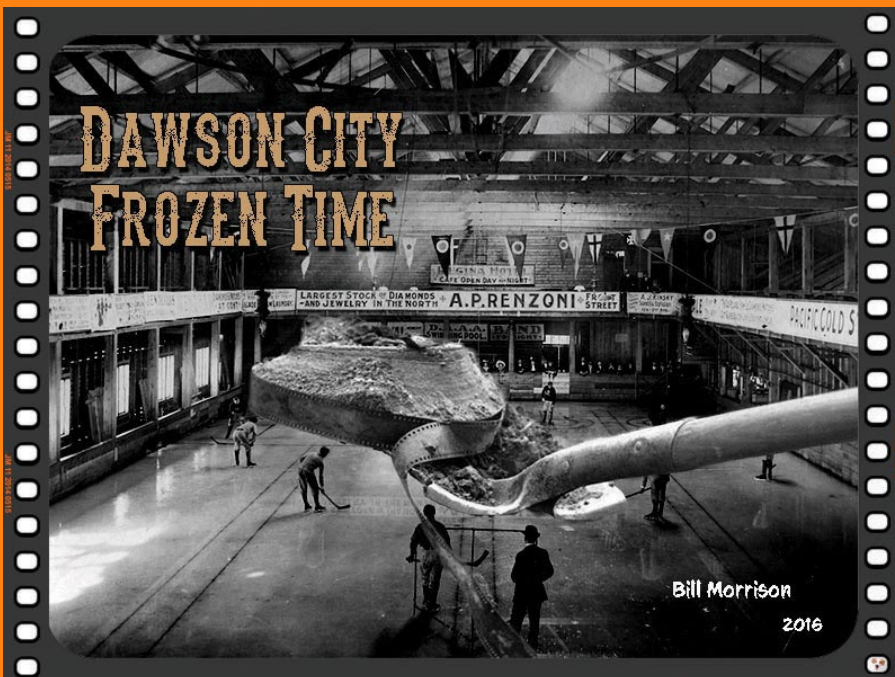
Brought to you through a generous grant from



Follow us on Facebook

Admission is free—donations gratefully accepted.

Our series culminates with a very special event on Friday, August 17. The MFS is honored to screen **DAWSON CITY: FROZEN TIME** a film critically acclaimed and historically important. Please join us!



Bill Morrison
2016

Director Bill Morrison pieces together the bizarre true history of a long-lost collection of 533 nitrate film prints from the early 1900s. Located just south of the Arctic Circle, Dawson City was settled in 1896 and became the center of the Canadian Gold Rush that brought 100,000 prospectors to the area. It was also the final stop for a distribution chain that sent prints and newsreels to the Yukon. The films were seldom, if ever, returned. The now-famous Dawson City Collection was uncovered in 1978 when a bulldozer working its way through a parking lot dug up a horde of film cans. Morrison draws on these permafrost-protected, rare silent films and newsreels, pairing them with archival footage, interviews, historical photographs, and an enigmatic score by Sigur Rós collaborator and composer Alex Somers. **DAWSON CITY: FROZEN TIME** depicts the unique history of this Canadian Gold Rush town by chronicling the life cycle of a singular film collection through its exile, burial, rediscovery, and salvation. —NYTimes